

# Sermon Notes

---

## Three Things To Do Always, Non-stop, In Everything

1 Thessalonians 5:16-18

by Christian Sanich, 4/27/2025

**There may be Q&A at the end as time allows. So note your questions.**

**5:16 You should rejoice always.**

Rejoicing is a celebratory response.

Rejoicing can be a response to something good happening spiritually.

Rejoicing can be a thoughtful response, when something that seems bad is happening, because you think of an associated positive. (ref.: Acts 5:41, Col. 1:24, 1 Peter 4:13)

So, right in the midst of difficulty, find the good to think about. It might be something associated with the difficulty, or it might be something good spiritually that's happening. And choose to celebrate that in your mind.

**5:17 You should pray without ceasing.**

**5:18 You should give thanks in everything.**

**What is your response to this?** Discuss it with someone today.

---

If you would like to receive weekly sermon application questions,  
e-mail [Christian@StoneCreekBibleChurch.org](mailto:Christian@StoneCreekBibleChurch.org)

---

[Listen to recent sermons on our YouTube channel](#)